

Programme of Studies

For the M.Th. degree with specialization in Spirituality the student is required to complete the following academic programme:

a) 8 Principal Courses on the following topics: (24 credits)

Ancient and Medieval History of Spirituality
Modern and Contemporary History of Spirituality
Introduction to Spirituality
Anthropological Foundations of Spirituality
Elements of Biblical Spirituality
Liturgical – Sacramental Spirituality
The Holy Spirit in Christian Spirituality: Vocations & Charisms
Vocation Pastoral

b) 2 Special Courses from the following: (6 credits)

Introduction to the spirituality of the major religious families
Spirituality of the Married Couples & Family Spirituality
Theology of Religious Life
Youth Spirituality
Spiritual direction
Salesian Missionary Spirituality

c) 4 Optional Courses from the following: (8 credits)

Indian Christian Spirituality
Towards Tribal Christian Spirituality
The Ethical dimension of Christian Spirituality
Marian Spirituality
Theology of Prayer
Spirituality of the Salesian Family

d) Research and Scientific Methodology: (8 credits)

e) 2 Seminars: (8 credits)

Not more than one seminar can be done in a semester. After the completion of the seminar discussion, the student is required to write a paper under the direction of the professor on a topic of interest that has come up at the seminar. The paper is to be written according to scientific methodology, and should be about 30 typed pages. This paper should be completed and handed over to the professor by the end of the semester in which the seminar is held.

f) One European Language (Italian/German): (2 credits)

g) A Written Dissertation and Defence of the same.